

Assisted Living Specializing in Memory Care

A better option



Our community understands that each person living with memory loss experiences its symptoms and progression differently. Through our innovative memory care program, Join Their Journey[®], we design programming and activities to address these varying “stages” of memory loss, allowing us to meet the right needs at the right time.

Early Stage	Mid Stage	Late Stage
An Interest in Travel		
Residents enjoy a volunteer run program that present travel slides from both domestic and international adventures. Participating in discussion group based on past personal experience.	Residents participate in our arm chair travel series. The travelogues highlight personal experiences that include the places our residents have lived & places they vacationed.	Residents reminisce about travel using multi sensory cues including photos of familiar landmarks, personal information from life stories, food and music from the area.
An Interest in the Creative Arts		
Based on personal preferences, residents regularly take outings to area art museums, galleries and local special events.	Residents are given the opportunity to participate in the creative arts through scheduled programs that include painting, drawing and crafts. Step by step directions allow residents to feel successful through the process.	The creative arts become multi sensory in this stage. Staff utilize visuals and tactile cues: photos of famous works of art, a variety of art supplies and soothing classical music.
An Interest in Volunteer Work		
Throughout the year, residents are given the opportunity to continue to give back to the community. Some opportunities include helping out with our local meals on wheels program, involvement in intergenerational programs and assisting at local special events.	Residents continue to provide service in our community. Resident ‘volunteers’ assist with simple chores and life skills at Emeritus, participate in intergenerational programs and assist with special events.	With step by step guidance from our staff, residents are still able to complete simple life skills and benefit from our on-site intergenerational programs.
An Interest in Physical Fitness		
Physical fitness programs are offered daily for all residents. In the early stage, residents choose from volunteer run yoga class, walking club, in-house therapy class and other sports themed programs (i.e. golf putting, bowling, dance, etc...)	Residents benefit from our exercise classes hosted by our in-house therapy group and ‘sittercise’ programs that incorporate movement, music, therabands and light weights.	Exercise programs in this stage focus on range or motion, stretching, relaxation and mobility. Including music to these movements allow for a multi-sensory experience.



EMERITUS
Senior Living

Call us today!

We are excited to tell you more about our innovative memory care program and partner with you to help your loved one.

